



AUSTIN TEXAS WINTER ★ RETREAT

DECEMBER 7-9 ★ SCHEDULE

3 WAYS TO TURBO CHARGE YOUR SPIRITUALITY

TUESDAY, DECEMBER 7

- 12:00 PM Leave Austin Airport
- 12:45 PM  Lunch & Welcome @ Zilker Lodge
- 1:15 PM Ice Breaker Activity @ Zilker Park
- 2:15 PM Tour of Austin Capitol 
- 3:45 PM Austin River Boat 
- 6:30 PM Arrive @ Young Judaea Retreat Center 
 -  Texas BBQ Dinner & Smokers in conjunction with men's retreat
- 7:30 PM **SPECIAL GUEST SPEAKER**  **Rabbi Yisroel Majeski**
EVENING OF INSPIRATION with **Slovie Jungreis Wolff** 
"Humility- the Gateway to Greatness"
- 8:30 PM  Depart for Vintage Villas & Suites

WEDNESDAY, DECEMBER 8

- 7:10 AM Bus Departs Suites to Vintage Villas
- 7:30 AM Morning Prayers with **Jordana Baruchov** 
 Early morning exercise
- 8:15 AM  Breakfast of Champions
Devorah Buxbaum 
"Letting Go of Attachment"
- 9:00 AM 10N1 LEARNING 
Slovie Jungreis Wolff 
"Living with an Attitude of Gratitude"
- 12:00 PM Lunch
- 12:40 PM Head to the Ranch
- 1:30 PM Lone Star Ranch



AUSTIN TEXAS

WINTER ★ RETREAT



DECEMBER 7-9 ★ SCHEDULE

3 WAYS TO TURBO CHARGE YOUR SPIRITUALITY

5:30 PM Arrive @ Vintage Villas and Suites

6:30 PM Bus Departs Suites to Vintage Villas

6:45 PM Dinner



7:45 PM **MAKING A DIFFERENCE TOGETHER** PROJECT INSPIRE. A PROGRAM OF aish HaTorah

8:20 PM Brachot Party with **Jordana Baruchov**



9:00 PM Karaoke



7:30 AM Morning Prayers with **Jordana Baruchov**



Early morning exercise

8:15 PM Breakfast of Champions



Devorah Buxbaum
"Shifting Perspective through Gratitude"



9:00 AM 1ON1 LEARNING



Slovie Jungreis Wolff
"Listen to Your Messages"

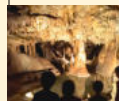


12:00 PM Lunch To Go



12:15 PM Depart Vintage Villas

1:15 PM **INNER SPACE CAVERNS**



3:15 PM Final Huddle & L'Chaim



4:15 PM Head to Airport

THURSDAY, DECEMBER 9

7:00 AM Load Luggage on to bus @ Suites

7:10 AM Bus Departs Suites to Vintage Villas






PROJECT
INSPIRE.
A PROGRAM OF aish HaTorah

A Pre-Summer
Retreat FOR WOMEN

THE HAMPTONS





JUNE 8-10 2021 SCHEDULE

TUESDAY, JUNE 8

- 10:00 AM** Load Buses
- Brunch and Welcome at the Sunrise Cafe**
19021 Union Tpke
Queens, NY 11366
- 11:30 AM** Head out
- 12:30 PM** Team Building Activity
- 2:30 PM**  Hike at Long Island Pine Barrens Preserve
- 4:00 PM**  Distillery Tour & Tasting
- 5:30 PM** Arrive at Houses & Hotels
- Fire It Up BBQ Dinner**
- 6:30 PM**  *Achieving Inner Peace*
Slovie Jungreis Wolf
- 10:00 PM** Champagne & Chocolates
Back at the House



WEDNESDAY, JUNE 9

- 8:00 AM**  Yoga on the Lawn
- Praying with More Meaning Meditation**
- 8:45 AM** Breakfast
-  **Jewish Thought Workshop**
Devorah Buxbaum
-  **One on One Learning - Challah, the Manna and You!**
Jordana Baruchov
-  **Overcoming our Anxiety & Fears**
Slovie Jungreis Wolf
- 12:00 PM** Pack up Lunches
- 1:00 PM** **GROUP 1**
Cycling Tour of the Hamptons
- 
- GROUP 2**
Museums, Mansions & Pocketbooks
Judith Leiberman Collection
LongHouse Art & Sculpture Gardens
and the Montauk Light Tower
- 
-  **GROUP 3**
Excursion on the water
Kayak, Sail, Pontoon & Drink Wine

PROJECT
INSPIRE.
A PROGRAM OF aish HaTorah

A Pre-Summer
Retreat FOR WOMEN

THE HAMPTONS

JUNE 8-10 2021 SCHEDULE

5:00 PM **Back to the Houses**

6:30 PM **Dinner**



A Taste of Soul Food
Rachel Burg and Aviva Brody

*The Life and Mission of
Esther Jungreis a"h*
Slovie Jungreis Wolf



Concert *with* **Shaindel Antelis**

10:30 PM **Cocktails & Cakes**
Back at the Houses



9:30 AM *Jewish Thought Workshop*
Devorah Buxbaum

10:00 AM *One on One Learning -*
Insights into Candlelighting



10:45 AM **Wrap Up** *with* **Rachel Burg**

11:00 AM **Candlestick making**
with Michla Kleidocrfts



11:45 AM *The Power of Jewish Women*
Slovie Jungreis Wolf

12:30 PM **Leave Chabad**

THURSDAY, JUNE 10

7:30 AM **Pack Luggage onto Bus**



8:00 AM **Yoga on the Lawn**
Praying with More Meaning
Meditation

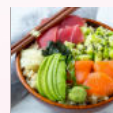
8:45 AM **Breakfast**
+ Pack Lunches



2:00 PM **Ropes Course at**
The Adventure Park
in Long Island
75 Colonial Springs Rd, Gate 3
Wheatley Heights, New York 11798



4:30 PM **Sushi & Poke**
Party Banquet



7:00 PM **Arrive at Hasheyveynu**
(Approx.)